Documentation required	Restrictions	Date: October 24, 2016) National Competent Authority
(i.e. issued/endorsed by medical practitioner or authorized health authority)	(i.e qualitative and/or quantitative)	(to be contacted for more detailed information)
a) Valid medical prescription D) Doctor's certificate endorsed by the health authorities of the country of residence	Days / Quantities/Doses Narcotic Drugs Quantity must not exceed the lesser of a single course of treatment OR a 30 day supply, based on the usual daily does.	Name: Office of Controlled Substances Health Canada Address: 161 Goldenrod Drwy AL 0300B
c) Certificate issued by the health authorities of the country of destination	Psychotropic substances Quantity must not exceed the lesser of a single course of treatment OR a 30 or 90 day	Ottawa ON K1A 0K9 Tel.: 1-613-952-2177
d) Presentation of the original prescription at the Customs of the country of destination	supply (as per below), based on the usual daily does.	Fax: 1-613-952-8576
The narcotic, controlled drug or targeted substance has been obtained under a prescription and is packaged in obtainacy or hospital dispensed packaging with the appropriate labelling.	List of prohibited substances. If yes, please specify Exemption does not apply to substances listed in Annex I (see attached) except as stated in the exemption.	E-mail: exemption@hc-sc.gc.ca
	Other information Exemption is posed on Health Canada website: http://www.hc- sc.gc.ca/hc-ps/substancontrol/pol/pol- docs/travellers-voyageurs-eng.php	

In Canada, we divide the Narcotic and Psychotropic Drugs in the 3 following Regulations;

- 1. Targeted Substances as per the Benzodiazepines and Other Targeted Substances Regulations (http://laws-lois.justice.gc.ca/eng/regulations/SOR-2000-217/index.html) maximum of 90 days supply as per section 68 of the Regulations.
- 2. Narcotic Control Regulations (http://laws-lois.justice.gc.ca/eng/regulations/C.R.C., c. 1041/index.html), maximum supply of 30 days
- 3. Controlled drugs as per Part G of the Food and Drug Regulations (http://laws-lois.justice.gc.ca/eng/regulations/C.R.C., c. 870/page-138.html#h-325)

 Maximum supply of 30 days

Since there are no provisions in the last 2 regulations for travellers, Health Canada has issued a Class Exemption for Travellers who are importing or exporting a narcotic or controlled drug for personal use. (http://www.hc-sc.gc.ca/hc-ps/substancontrol/pol/pol-docs/travellers-voyageurs-eng.php)

For prohibited substances: This exemption does not apply to products containing substances listed below, unless they have been approved by Health Canada for market in Canada under the FDR or approved for market in the country from which the product is being imported by the corresponding regulatory authority of that country.

Substance	Chemical Name
Acetorphine, including its salts, derivatives and salts of derivatives	3-O-acetyltetrahydro-7-alpha-(1-hydroxy-1-methylbutyl)-6,14-endoetheno-oripavine
Acetyl-alphamethylfentanyl, including its salts, derivatives, and analogues and salts of derivatives and analogues	N-[1-(alpha-methylphenethyl)-4-piperidyl]acetanilide
Alpha-methylfentanyl, including its salts, derivatives, and analogues and salts of derivatives and analogues	N-[1-(alpha-methylphenethyl)-4-piperidyl]propionanilide
Alpha-methylthiofentanyl, including its salts, derivatives, and analogues and salts of derivatives and analogues	N-[1-[1-methyl-2-(2-thienyl)ethyl]-4-piperidyl]propionanilide
Beta-hydroxy-3-methylfentanyl, including its salts, derivatives, and nalogues and salts of derivatives and analogues	N-[1-(beta-hydroxyphenethyl)-3-methyl-4-piperidyl]propionanilide
Beta-hydroxyfentanyl, including its salts, derivatives, and analogues and salts of derivatives and analogues	N-[1-(<i>beta</i> -hydroxyphenethyl)-4-piperidyl]propionanilide
Cannabis, its preparations, derivatives and similar synthetic preparations	CONTRACTOR OF THE CONTRACT CON

Substance	Chemical Name	
Desomorphine, including its salts, derivatives and salts of derivatives	dihydrodeoxymorphine	
Etorphine, including its salts, derivatives and salts of derivatives	tetrahydro-7-alpha-(1-hydroxy-1-methylbutyl)6, 14-endoetheno-oripavine	
Heroin, including its salts, derivatives and salts of derivatives	diacetylmorphine	
Ketobemidone , including its intermediates, salts, derivatives and analogues and salts of intermediates, derivatives and analogues	4-meta-hydroxyphenyl-1-methyl-4-propionylpiperidine	
3-methylfentanyl , including its salts, derivatives, and analogues and salts of derivatives and analogues	N-(3-methyl-1-phenethyl-4-piperidyl)propionanilide; <i>cis-N</i> -[3-methyl 1(2-phenylethyl)-4-piperidyl]propionanilide; <i>trans-N</i> -[3-methyl-1-(2-phenylethyl)-4-piperidyl]propionanilide	
3-methylthiofentanyl , including its salts, derivatives, and analogues and salts of derivatives and analogues	N-(3-methyl-1-[2-(2-thienyl)ethyl]-4-piperidyl]propionanilide	
Para-fluorofentanyl , including its salts, derivatives, and analogues and salts of derivatives and analogues	4'-fluoro-N-(1-phenethyl-4-piperidyl)propionanilide	
Thiofentanyl , including its salts, derivatives, and analogues and salts of derivatives and analogues	N-[1-[2-(thienyl)ethyl]-4-piperidyl]propionanilide	