## Appendix 1

## A ADMINISTRATIVE MEASURES GOVERNING TRAVELLERS BRINGING PERSONAL MEDICATIONS INTO SINGAPORE

The Health Sciences Authority (HSA) has been the agency in Singapore, since it was formed in Year 2001, to issue import permits and licences to travellers travelling into or on transit in Singapore carrying personal medications containing controlled substances. The controlled substances consist of the narcotic drugs and psychotropic substances specified in the Single Convention on Narcotic Drugs of 1961 and the Convention on Psychotropic Substances of 1971 respectively, and any other substances that are regulated as controlled substances in Singapore but which may not be similarly regulated internationally. The scheme is also applicable to Schedule III items specified in the Single Convention on Narcotic Drugs of 1961.

- The import permit or licence is issued on request to the travellers as an administrative measure to track the controlled substances that are brought into Singapore for personal use by travellers. The travellers are permitted to bring a maximum of three months' supply of the medications containing controlled substances when they arrive in Singapore and exemption may be given on a case by case basis to patients who need more than 3 months' supply during travel.
- 3 The traveller will have to submit the following documents in order to apply for the import permit or licence:
- (a) A copy of the traveller's flight details and intended duration of stay in Singapore. Travellers who are in Singapore on transit will also have to apply for the import permit or licence to have controlled substances with them;
- (b) A copy of the travellers' passport page showing the details of personal particulars
- (c) The trade/brand name, active ingredients present in the medications, as well as the dose to be taken;
- (d) A letter from the traveller's attending physician or prescription certifying the need for the medications and the total quantity of the medications to be brought into Singapore;
- (e) The actual quantity of each medication that will be brought into Singapore; and
- (f) The traveller's contact details (home address, phone/fax numbers and/or email address)
- A suitably trained officer will assess the application submitted by the traveller to determine if the import permit or licence should be issued to the traveller. Travellers will not be allowed to bring controlled substances of unknown therapeutic use into Singapore. The import permit or licence issued, upon successful application, will consist of the following details:
- (a) Name and passport number of traveller;
- (b) Duration of stay in Singapore;

- (c) Name of medication and the controlled substance(s) present in the medication;
- (d) Total quantity of medication that is allowed to be brought into Singapore; and
- (e) A statement specifying that it is illegal for the traveller to sell or supply the preparations while they are in Singapore or on transit.

Upon arrival in Singapore, the traveller is not required to declare to the Customs on the medications which are brought with him/her as personal belongings. However, the traveller is advised to keep the doctor's letter or prescription and the import licence or permit ready for verification if requested by Customs officers during routine check.

- 6 The traveller will have to retain the documents throughout his stay in Singapore . Any remaining quantities of medicine brought in should be taken out of Singapore in the original packing and with any dispensing label intact.
- 7 This information can also be found on the HSA website at

http://www.hsa.gov.sg/publish/hsaportal/en/health products regulation/bringing personal medication.html

8 ADMINISTRATIVE MEASURES GOVERNING TRAVELLERS BRINGING PERSONAL MEDIC ATIONS OUT OF SINGAPORE

HSA currently does not have a formal system of tracking persons who bring personal medications containing controlled substances out of Singapore.